

# ●●●● SheBrews ●●●●

## COFFEE & TRANSITION PROGRAM



Rhonda, Tamra, Connie

### MEET TAMRA

At the age of two, Tamra's father and stepmother moved her from Oklahoma to Arkansas to get her away from her mother, Connie, who had a severe drug addiction.

After spending years fighting her addiction and incarceration, Connie eventually met Rhonda Bear, and was connected with Stand in the Gap (SITG).

Through this program and with the help of her SITG family, she turned her life around and began trying to build a relationship with her estranged daughter, Tamra. As we often see in these stories of addiction, Tamra had already followed in her mother's footsteps and was using drugs by the age of 18.

In 2017, Tamra found herself getting into serious trouble with the law. Her mother immediately referred her to She Brews Transition Program (SBTP) for help. Reflecting on that time, Tamra states, "I wasn't ready, I just figured I could skate by and avoid my charges in Arkansas". And because she wasn't ready, she found herself manipulating the rules for a relationship with a man, and was eventually kicked out. Tamra returned to Arkansas, still running from her charges.

In 2018, by court order, Tamra decided to try SBTP again. Sadly, her heart was not in the right place and she still was not ready. She was arrested for shoplifting and evicted from the program.

When the courts found out she was no longer in SBTP, they sentenced her to 34 years in prison. She ended up serving three years on her sentence before she was paroled out.

On parole, she was on the streets in Arkansas where she continued to get in trouble. Eventually, she was told by the courts she could either go to rehab or back to prison. As her addiction was spiraling, she checked herself into rehab. While she did complete her stay, Tamra was not healed. When she got out, she went straight back to the streets

But this time, God had other plans for her. Tamra's own drug dealer told her it was time for her to get true help. Stunned, Tamra drove herself back to rehab and told them she was not ready to leave. While she was there the second time, something in her heart shifted. Tamra called her mom for the first time in years.

A week after finishing rehab, Tamra got a text from Rhonda asking her if she was ready to come home. She had not talked to Rhonda for 6 years! Within a month, her parole was transferred to Oklahoma and she returned to SBTP.



**Tamra, Olivia, Ryley**

This time, she was dedicated to the healing process she knew she needed and had been running from for far too long.

Tamra has come back to She Brews filled with hope for her present, and her future. She has embraced her job as the assistant manager of She Brews Claremore South with gusto! Most importantly, Tamra is building relationships with her children. Tamra is a mother of 4; Olivia is 18, Ryley is 17, Carson is 13 and Waylon is almost 2. Her kids are learning a new way of life through her, and are seeing their mom make a true transformation.

Tamra is breaking generational cycles.